

# Give a Meal—Get a Meal!



The Lady Dunn Health Centre is always looking for new volunteers to join our team.

As a member of our volunteer team you will experience an environment that is stimulating, and rewarding.

LDHC is currently looking for:

## **Meal Assistants:**

Assist feeding residents at mealtimes. There is training and orientation provided and nursing supervision at all times.



## **Give a Meal - Get a Meal:**

For every meal that you assist with, you will be eligible for one free meal at the LDHC cafeteria.

**If you are interested in becoming a  
volunteer, please contact :**

Matthew Trudeau  
705-856-2335 ext. 3105

**\*\* Criminal Record Check (Vulnerable Sector Screening) required. Costs to be reimbursed by LDHC.**

